

Sweet and Spicy Asian Noodles

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/zucchini-noodles-recipe-indian-style>

Ingredients:

- 10 ounces noodles linguine
- 1/3 cup pineapple juice
- 1/3 cup soy sauce
- 1 tablespoon apple cider vinegar
- 1 tablespoon Sriracha sauce
- 1 tablespoon cornstarch + 1 tablespoon water, whisk together to make a slurry
- 2 tablespoons canola oil
- 2 teaspoons minced garlic jarred
- 1 teaspoon minced ginger jarred
- 1 cup zucchini sliced
- 8 ounces sliced mushrooms
- 1 pinch red pepper flakes
- fresh basil leaves for garnish, optional

Nutrition:

1. Calories: 390 calories
2. Carbohydrate: 62 grams
3. Cholesterol: 60 milligrams
4. Fat: 10 grams
5. Fiber: 3 grams
6. Protein: 13 grams
7. SaturatedFat: 1 grams
8. Sodium: 1280 milligrams
9. Sugar: 7 grams

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