RecipesCh@~se

Tortellini Sausage Soup

Yield: 4 min Total Time: 90 min

Recipe from: <u>https://www.recipeschoose.com/recipes/zucchini-italian-sausage-recipe-with-tomato-</u>sauce

Ingredients:

- 3 italian sausage links
- 4 cloves garlic pressed
- 1 onion diced
- 1/2 cup water
- 2 cans chicken broth 15-oz.
- 1/2 cup apple cider don't leave this out! I did once and it wasn't the same...
- 16 ounces diced tomatoes 1 can
- 8 ounces tomato sauce 1 can
- 1 cup carrots sliced
- 1 teaspoon dried basil
- 1 teaspoon dried oregano
- 2 zucchini medium, grated, great way to use your food processor if you have one
- 10 ounces cheese tortellini 8–, package, check the freezer section of your grocery store; if you can find it there, it will almost alw...
- 2 tablespoons parsley dried, yes, that's two tablespoons

Nutrition:

- 1. Calories: 660 calories
- 2. Carbohydrate: 61 grams
- 3. Cholesterol: 95 milligrams
- 4. Fat: 34 grams
- 5. Fiber: 7 grams
- 6. Protein: 28 grams
- 7. SaturatedFat: 13 grams
- 8. Sodium: 1170 milligrams
- 9. Sugar: 18 grams

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