

Authentic Zhajiangmian Chinese Noodle Dish

Yield: 4 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/zhajiangmian-chinese-recipe>

Ingredients:

- 10 1/2 cups noodles
- 2/3 pound pork mince or beef mince
- 6 pieces extra firm tofu finely chopped
- 4 1/4 ounces bean sprouts
- 1 carrot julienned
- 1 bowl edamame beans
- 2 tablespoons shallots finely chopped
- 3 spring onions finely chopped
- 1 Chili remove seed and finely chopped
- 1/2 cup water
- 2 teaspoons corn flour
- 2 tablespoons light soy sauce
- 1/2 tablespoon dark soy sauce
- 3 tablespoons chili bean sauce
- 1 teaspoon sesame oil
- 2 teaspoons sugar

Nutrition:

1. Calories: 570 calories
2. Carbohydrate: 81 grams
3. Cholesterol: 135 milligrams
4. Fat: 11 grams
5. Fiber: 5 grams
6. Protein: 33 grams
7. SaturatedFat: 3 grams
8. Sodium: 760 milligrams
9. Sugar: 6 grams

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