

Pineapple Shrimp Stir Fry

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/zesty-italian-dressing-shrimp-recipe>

Ingredients:

- 2 cups brown rice
- 2 tablespoons butter
- 1 pound shrimp precooked
- 1 red bell pepper chopped
- 1 pineapple chopped
- 1/3 cup bbq sauce
- 1/4 cup zesty Italian dressing
- 1 green onion sliced

Nutrition:

1. Calories: 710 calories
2. Carbohydrate: 113 grams
3. Cholesterol: 190 milligrams
4. Fat: 15 grams
5. Fiber: 6 grams
6. Protein: 33 grams
7. SaturatedFat: 5 grams
8. Sodium: 680 milligrams
9. Sugar: 30 grams

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