

Zeppole (Italian doughnuts) ? Mmm... Delicious!

Yield: 4 min
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/zeppole-italian-donuts-recipe-without-eggs>

Ingredients:

- 1 pound all purpose flour
- 2 boiled potatoes medium
- 1/4 ounce active dry yeast
- 1 pinch salt
- granulated sugar or powder sugar
- 2 cups lukewarm water
- olive oil for frying

Nutrition:

1. Calories: 540 calories
2. Carbohydrate: 106 grams
3. Fat: 6 grams
4. Fiber: 5 grams
5. Protein: 13 grams
6. SaturatedFat: 0.5 grams
7. Sodium: 85 milligrams
8. Sugar: 6 grams

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