

# Youvetsi | Greek Lamb Stew With Orzo

Yield: 5 min  
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-lamb-pasta-recipe>

## Ingredients:

- 1 pound lamb cut into squares
- 1 cup orzo
- 1/4 cup olive oil
- 1/2 onion chopped
- 2 cloves garlic chopped
- 1 tablespoon oregano
- 1 tablespoon tomato paste
- 1/2 cup diced tomatoes canned
- 1/2 cup red wine
- 1 cinnamon stick
- 1/4 cup Parmesan
- salt
- pepper
- water

## Nutrition:

1. Calories: 550 calories
2. Carbohydrate: 33 grams
3. Cholesterol: 70 milligrams
4. Fat: 34 grams
5. Fiber: 3 grams
6. Protein: 23 grams
7. SaturatedFat: 11 grams
8. Sodium: 320 milligrams
9. Sugar: 3 grams

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