

How To Make Mexican Chili Paste

Yield: 2 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/youtube-mexican-chili-paste-recipe>

Ingredients:

- 1 cup chilies dried Mexican, 3 oz - any combination of Guajillo, New Mexico, Ancho, Chipotle, Arbol
- 1 tablespoon ground cumin or 2 tbsp whole cumin seeds
- 1 tablespoon paprika
- 1 medium yellow onion roughly chopped, 110 g/ 3.9 oz
- 4 cloves garlic sliced or 1/2 tsp garlic powder
- 4 tablespoons extra virgin olive oil 60 ml
- 1 tablespoon balsamic vinegar 15 ml
- 1 teaspoon sea salt or to taste
- 1/2 teaspoon black pepper or to taste

Nutrition:

1. Calories: 350 calories
2. Carbohydrate: 14 grams
3. Cholesterol: 10 milligrams
4. Fat: 31 grams
5. Fiber: 3 grams
6. Protein: 5 grams
7. SaturatedFat: 5 grams
8. Sodium: 1360 milligrams
9. Sugar: 4 grams

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