

Mexican Restaurant Style Yellow Rice

Yield: 6 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/yellow-rice-and-mexican-corn-recipe>

Ingredients:

- 3 tablespoons vegetable oil
- 1 onion chopped
- 2 cloves garlic minced
- 3 cups water set to boil in medium sized pot
- 1 1/2 cups yellow rice uncooked
- 1/4 teaspoon cayenne pepper
- 3 teaspoons chicken bouillon powder
- 3 cups boiling water
- 2 Roma tomatoes peeled, seeded and chopped
- 1 cup corn or frozen mixed vegetables, add at the same time as tomatoes, optional

Nutrition:

1. Calories: 270 calories
2. Carbohydrate: 45 grams
3. Fat: 8 grams
4. Fiber: 2 grams
5. Protein: 5 grams
6. SaturatedFat: 0.5 grams
7. Sodium: 210 milligrams
8. Sugar: 2 grams

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