Indian Cabbage and Potato Curry {Vegan}

Yield: 2 min
Total Time: 50 min

Recipe from: https://www.recipeschoose.com/recipes/indian-yellow-potato-curry-recipe

Ingredients:

- 1 tablespoon coconut oil
- 1 teaspoon cumin seeds
- 1 teaspoon mustard seeds
- 1 onion finely sliced
- 1/4 teaspoon garlic powder
- 1/4 teaspoon cayenne
- 1/2 teaspoon ground turmeric
- 1 teaspoon ground coriander
- 1 pound gold potatoes diced into ½" cubes*
- 1/2 head green cabbage cored and sliced, about 12-14 ounces
- 1/2 cup fresh tomatoes diced
- 1/4 teaspoon salt
- 1/4 cup chopped cilantro
- salt
- pepper
- potatoes *Don't peel the, unless they have thick skins

Nutrition:

1. Calories: 340 calories
2. Carbohydrate: 59 grams
3. Fat: 8 grams
4. Fiber: 16 grams
5. Protein: 12 grams
6. SaturatedFat: 6 grams
7. Sodium: 760 milligrams
8. Sugar: 4 grams

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