

# Homemade Vegetable Chips

Yield: 6 min

Total Time: 120 min

Recipe from: <https://www.recipeschoose.com/recipes/taro-root-chips-indian-recipe>

## Ingredients:

- 1 pound taro root washed and peeled
- 1 pound sweet potatoes washed and peeled
- 1 pound yams washed and peeled
- 1 pound red beets washed and peeled
- 8 cups rice bran oil canola oil, or grapeseed oil, for frying
- sea salt to taste