

Cedar Wrapped Halibut with Citrus Pesto

Yield: 4 min
Total Time: 17 min

Recipe from: <https://www.recipeschoose.com/recipes/wrapped-halibut-indian-recipe>

Ingredients:

- grilled chicken
- pesto
- 1/2 cup fresh spinach leaves packed
- 1/2 cup arugula fresh
- 1/4 cup walnuts
- 1 clove garlic
- 2 tablespoons lemon zest
- 2 tablespoons lemon juice
- 2 tablespoons orange zest
- 2 tablespoons orange juice
- 1/4 cup grated Parmesan cheese
- 1/4 cup olive oil
- 24 ounces halibut fillets
- lemon wedges to serve

Nutrition:

1. Calories: 470 calories
2. Carbohydrate: 7 grams
3. Cholesterol: 85 milligrams
4. Fat: 28 grams
5. Fiber: 3 grams
6. Protein: 48 grams
7. SaturatedFat: 4.5 grams
8. Sodium: 220 milligrams
9. Sugar: 1 grams

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