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Curried Butternut Squash Samosas with Tamarind Chutney

Yield: 9 min Total Time: 85 min

Recipe from: https://www.recipeschoose.com/recipes/wonton-wrapper-recipe-indian

Ingredients:

- 1/2 teaspoon ground cumin
- 1/2 teaspoon garam masala
- 1/2 teaspoon ground ginger
- 1/4 cup tamarind paste seedless
- sea salt to taste
- sugar to taste
- 1 butternut squash about 1 1/2 lb.
- 3 tablespoons olive oil
- 2 tablespoons white onion chopped
- 2 garlic cloves chopped
- 1 tablespoon Madras curry powder
- 1 teaspoon sea salt
- 1 teaspoon sugar
- 1 large egg
- 1 pound wonton wrappers square
- canola oil for deep-frying

Nutrition:

- 1. Calories: 260 calories
- 2. Carbohydrate: 40 grams
- 3. Cholesterol: 30 milligrams
- 4. Fat: 8 grams
- 5. Fiber: 2 grams
- 6. Protein: 6 grams

- 7. SaturatedFat: 1 grams
- 8. Sodium: 650 milligrams
- 9. Sugar: 5 grams

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