

Ground Beef and Cabbage Stir Fry

Yield: 2 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/with-ground-beef-recipes>

Ingredients:

- 1 pound extra lean ground beef
- 9 ounces cole slaw mix or mix of green cabbage, purple cabbage, shredded carrots
- 2 scallions thinly sliced
- 1 tablespoon ginger freshly grated
- 2 tablespoons low sodium soy sauce
- 1 tablespoon Sriracha
- 1 tablespoon canola oil
- black sesame seeds for garnish, optional

Nutrition:

1. Calories: 520 calories
2. Carbohydrate: 16 grams
3. Cholesterol: 140 milligrams
4. Fat: 25 grams
5. Fiber: 5 grams
6. Protein: 53 grams
7. SaturatedFat: 6 grams
8. Sodium: 840 milligrams
9. Sugar: 3 grams

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