

# Mediterranean Whole Roasted Snapper

Yield: 4 min  
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/whole-red-snapper-italian-recipe>

## Ingredients:

- 1 whole red snapper about 2 pounds, dressed
- 3 cloves garlic chopped
- 4 sprigs fresh oregano chopped
- 2 sprigs fresh thyme chopped
- 2 tablespoons Kalamata olives chopped
- 2 lemons
- 2 teaspoons capers
- 1 tablespoon butter dived into three small squares
- 1/4 olive oil
- 3 tablespoons white wine
- sea salt
- freshly ground pepper

## Nutrition:

1. Calories: 80 calories
2. Carbohydrate: 11 grams
3. Cholesterol: 10 milligrams
4. Fat: 4.5 grams
5. Fiber: 5 grams
6. Protein: 1 grams
7. SaturatedFat: 2 grams
8. Sodium: 300 milligrams

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