

Balsamic Roasted Brussel Sprouts (Copycat Whole Foods)

Yield: 4 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/whole-foods-baked-mexican-brown-rice-recipe>

Ingredients:

- 2 brussel sprouts # washed & trimmed
- 1/4 cup olive oil
- 2 tablespoons balsamic vinegar
- 1 teaspoon sea salt
- 1 teaspoon black pepper
- garlic pepper I used fresh ground

Nutrition:

1. Calories: 140 calories
2. Carbohydrate: 4 grams
3. Fat: 14 grams
4. Protein: 1 grams
5. SaturatedFat: 2 grams
6. Sodium: 590 milligrams
7. Sugar: 1 grams

Thank you for visiting our website. Hope you enjoy Balsamic Roasted Brussel Sprouts (Copycat Whole Foods) above. You can see more 20 whole foods baked-mexican-brown-rice recipe Delight in these amazing recipes! to get more great cooking ideas.