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Slow Cooked Whole Chicken and Vegetables

Yield: 5 min Total Time: 55 min

Recipe from: https://www.recipeschoose.com/recipes/persian-whole-chicken-recipe

Ingredients:

- 4 pounds whole chicken
- 1/2 teaspoon salt
- 1/2 teaspoon ground black pepper freshly
- 1/2 teaspoon dried thyme
- 5 1/2 stalks celery cut into 1 inch pieces
- 1 pound baby carrots bag
- 11 red potatoes baby
- 1/2 cup chicken broth

Nutrition:

Calories: 310 calories
Carbohydrate: 69 grams

3. Fiber: 11 grams4. Protein: 9 grams

5. Sodium: 350 milligrams

6. Sugar: 9 grams

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