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## Whole 30 Ranch Dressing

Yield: 12 min Total Time: 25 min

Recipe from: https://www.recipeschoose.com/recipes/whole-30-italian-seasoning-recipe

## **Ingredients:**

- 1/3 cup coconut milk will also work
- 1 teaspoon apple cider vinegar
- 1 cup mayonnaise Whole 30 approved, no sugar added
- 2 cloves garlic fresh, pressed or finely minced
- 2 tablespoons Italian parsley chopped
- 3 tablespoons green onions minced
- 1 teaspoon white wine vinegar

## **Nutrition:**

Calories: 90 calories
Carbohydrate: 5 grams
Cholesterol: 5 milligrams

4. Fat: 8 grams

5. SaturatedFat: 2.5 grams6. Sodium: 140 milligrams

7. Sugar: 1 grams

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