

Easy Pasta e Fagioli

Yield: 4 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/white-kidney-beans-italian-recipe>

Ingredients:

- 4 3/8 ounces pancetta diced
- 1/2 onion large, chopped
- 4 sticks celery chopped
- 3 medium carrots chopped or sliced
- 4 cloves garlic minced
- 28 fluid ounces diced tomatoes with juices
- 4 dashes Italian seasoning
- 4 cups chicken broth /stock
- 15 fluid ounces red kidney beans drained
- 15 fluid ounces white kidney beans drained
- 1 cup pasta ditalini or macaroni
- salt
- pepper
- shaved Parmesan cheese optional, for serving

Nutrition:

1. Calories: 630 calories
2. Carbohydrate: 108 grams
3. Cholesterol: 15 milligrams
4. Fat: 6 grams
5. Fiber: 20 grams
6. Protein: 46 grams
7. Sodium: 670 milligrams
8. Sugar: 12 grams

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