

White Wine Sauce

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/pasta-with-ragu-sauce-recipe-indian>

Ingredients:

- 1 pound pasta {I make mine fresh but refrigerated noodles are the next best option}
- 2 teaspoons minced garlic
- 1/4 cup olive oil
- 5 tablespoons butter
- 1/2 teaspoon crushed red pepper
- 1 teaspoon salt
- 1/2 teaspoon pepper {fresh ground}
- 1/2 cup white wine
- 1/2 cup parsley for garnishing, optional
- 1/2 cup grated Parmesan fresh

Nutrition:

1. Calories: 750 calories
2. Carbohydrate: 88 grams
3. Cholesterol: 50 milligrams
4. Fat: 34 grams
5. Fiber: 4 grams
6. Protein: 20 grams
7. SaturatedFat: 13 grams
8. Sodium: 900 milligrams
9. Sugar: 4 grams

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