

Italian Sausage White Bean Soup

Yield: 4 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/white-beans-italian-sausage-recipe>

Ingredients:

- 17 5/8 ounces Italian sausages crumbled
- 4 strips bacon cut into small pieces
- 1/2 medium onion chopped
- 3 cloves garlic minced
- 56 fluid ounces white beans cannellini drained
- 4 cups chicken broth
- 1 dash Italian seasoning
- 1/4 teaspoon dried rosemary
- 2 small carrots peeled & chopped small
- 2 cups fresh baby spinach packed
- salt
- pepper

Nutrition:

1. Calories: 1150 calories
2. Carbohydrate: 107 grams
3. Cholesterol: 115 milligrams
4. Fat: 54 grams
5. Fiber: 25 grams
6. Protein: 59 grams
7. SaturatedFat: 18 grams
8. Sodium: 1470 milligrams
9. Sugar: 2 grams

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