

Easy One Pot Broccoli Cheese Soup

Yield: 4 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/jamaican-pepper-pot-soup-recipe>

Ingredients:

- 1 head broccoli large
- 1/4 cup butter
- 1 onion small
- 1 clove garlic
- 1/4 cup flour
- 2 cups chicken broth or vegetable
- 1/2 teaspoon salt
- 1/2 teaspoon pepper
- 2 cups milk
- 2 cups cheese choice

Nutrition:

1. Calories: 530 calories
2. Carbohydrate: 29 grams
3. Cholesterol: 100 milligrams
4. Fat: 34 grams
5. Fiber: 5 grams
6. Protein: 28 grams
7. SaturatedFat: 21 grams
8. Sodium: 900 milligrams
9. Sugar: 12 grams

Thank you for visiting our website. Hope you enjoy Easy One Pot Broccoli Cheese Soup above. You can see more 20 jamaican pepper pot soup recipe Ignite your passion for cooking! to get more great cooking ideas.