

# Herb-Crusted Leg of Lamb

Yield: 8 min

Total Time: 105 min

Recipe from: <https://www.recipeschoose.com/recipes/persian-leg-of-lamb-recipe>

## Ingredients:

- 1 leg of lamb 5 1/2 to 6 lb., fat trimmed
- kosher salt
- freshly ground pepper
- 2 1/2 cups fresh bread crumbs
- 2 garlic cloves minced
- 1/4 cup fresh flat leaf parsley chopped
- 1 tablespoon fresh rosemary chopped
- 1 tablespoon chopped fresh thyme
- 1/4 cup olive oil
- 1/4 cup Dijon mustard

## Nutrition:

1. Calories: 530 calories
2. Carbohydrate: 19 grams
3. Cholesterol: 180 milligrams
4. Fat: 23 grams
5. Fiber: 2 grams
6. Protein: 63 grams
7. SaturatedFat: 7 grams
8. Sodium: 510 milligrams
9. Sugar: 2 grams

---

Thank you for visiting our website. Hope you enjoy Herb-Crusted Leg of Lamb above. You can see more 17 persian leg of lamb recipe Unlock flavor sensations! to get more great cooking ideas.