

Welsh Cakes

Yield: 24 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/welsh-christmas-recipe>

Ingredients:

- 2 1/8 cups all purpose flour
- 1 1/2 teaspoons baking powder
- 1/2 teaspoon mixed spice see recipe in post
- 5/8 cup butter 1/2 cup + 1 tsp, good quality
- 5 1/4 tablespoons sugar plus more for sprinkling on top
- 2/3 cup currants
- 1 large egg slightly beaten
- 2 tablespoons buttermilk

Nutrition:

1. Calories: 100 calories
2. Carbohydrate: 12 grams
3. Cholesterol: 20 milligrams
4. Fat: 4.5 grams
5. Protein: 2 grams
6. SaturatedFat: 3 grams
7. Sodium: 70 milligrams
8. Sugar: 3 grams

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