

Chinese Noodle Salad

Yield: 8 min
Total Time: 6 min

Recipe from: <https://www.recipeschoose.com/recipes/spicy-chinese-noodle-salad-recipe>

Ingredients:

- 1/4 cup rice vinegar
- 1/4 cup sugar
- 1/4 cup vegetable oil
- 6 ounces ramen noodles with seasoning packet
- 1/2 head romaine lettuce chopped
- 10 ounces mandarin orange segments drained
- 1/4 cup slivered almonds

Nutrition:

1. Calories: 220 calories
2. Carbohydrate: 26 grams
3. Fat: 12 grams
4. Fiber: 2 grams
5. Protein: 4 grams
6. SaturatedFat: 2.5 grams
7. Sodium: 440 milligrams
8. Sugar: 11 grams

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