

Penne with Escarole, Spicy Sausage and Rosemary

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/wegmans-crockpot-recipe-escarole-italian-sausage>

Ingredients:

- 1 pound italian sausages spicy
- salt to taste
- 1 pound penne pasta dried
- 1/4 cup olive oil
- 2 garlic cloves thinly sliced
- 1 tablespoon fresh rosemary chopped
- 1 pinch red pepper flakes
- 2 bunches escarole cut into 2-inch pieces
- parmigiano reggiano cheese Freshly grated, to taste

Nutrition:

1. Calories: 990 calories
2. Carbohydrate: 95 grams
3. Cholesterol: 90 milligrams
4. Fat: 52 grams
5. Fiber: 11 grams
6. Protein: 35 grams
7. SaturatedFat: 15 grams
8. Sodium: 1150 milligrams
9. Sugar: 3 grams

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