

# Watermelon Tomato Salad With Balsamic Dressing

Yield: 6 min  
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/watermelon-tomato-salad-recipe-southern-living>

## Ingredients:

- 1/2 watermelon seedless, cut into 1-inch cubes
- 1 tomato large ripe, peeled and diced
- 1/4 sweet onion very thinly sliced
- 1 green onion chopped, optional
- 1/4 cup balsamic vinegar
- 2 tablespoons olive oil
- 2 grams sugar substitute saccharine-based, such as Sweet'N Low®
- salt and ground black pepper to taste

## Nutrition:

1. Calories: 170 calories
2. Carbohydrate: 34 grams
3. Fat: 4.5 grams
4. Protein: 4 grams
5. SaturatedFat: 0.5 grams
6. Sodium: 10 milligrams
7. Sugar: 26 grams

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