

Watermelon Popsicles

Yield: 8 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/watermelon-popsicles-recipe-indian>

Ingredients:

- 4 cups watermelon cubed, flesh, about 1 pound, rind removed
- 1 tablespoon lime juice freshly squeezed
- 1 tablespoon honey optional

Nutrition:

1. Calories: 30 calories
2. Carbohydrate: 8 grams
3. Protein: 1 grams
4. Sugar: 7 grams

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