

# The Italian Burger

Yield: 4 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/waitrose-italian-burger-recipe>

## Ingredients:

- 20 ounces lean ground turkey package of
- 6 tablespoons pesto purchased or homemade
- salt
- pepper
- 4 slices fresh mozzarella
- 4 burger buns
- mayo Pesto, stir together equal parts mayo and pesto
- tomato slices
- basil leaves
- balsamic vinegar

## Nutrition:

1. Calories: 450 calories
2. Carbohydrate: 27 grams
3. Cholesterol: 135 milligrams
4. Fat: 21 grams
5. Fiber: 2 grams
6. Protein: 35 grams
7. SaturatedFat: 7 grams
8. Sodium: 750 milligrams
9. Sugar: 5 grams

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