

Swedish Limpa Bread

Yield: 20 min
Total Time: 270 min

Recipe from: <https://www.recipeschoose.com/recipes/villa-swedish-limpa-bread-recipe>

Ingredients:

- 1/4 cup brown sugar
- 1/4 cup molasses Grandma's
- 1 tablespoon salt
- 2 tablespoons Butter unsalted
- 1 1/4 cups boiling water
- 1/4 cup orange juice
- 2 tablespoons orange zest
- 2 1/2 teaspoons active dry yeast
- 1/4 cup warm water 110F
- 2 1/2 cups rye flour
- 4 cups bread flour

Nutrition:

1. Calories: 180 calories
2. Carbohydrate: 35 grams
3. Cholesterol: 5 milligrams
4. Fat: 2 grams
5. Fiber: 2 grams
6. Protein: 5 grams
7. SaturatedFat: 0.5 grams
8. Sodium: 370 milligrams
9. Sugar: 4 grams

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