

Fried Rice

Yield: 5 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/malaysian-rice-recipe>

Ingredients:

- 3 tablespoons butter divided
- 2 eggs whisked
- 2 medium carrots peeled and diced
- 1 white onion small, diced
- 1/2 cup frozen peas
- 3 cloves garlic minced
- salt
- pepper
- 4 cups rice cooked and chilled, I prefer short-grain white rice
- 3 green onions thinly sliced
- 4 tablespoons soy sauce or more to taste
- 2 teaspoons oyster sauce optional
- 1/2 teaspoon toasted sesame oil

Nutrition:

1. Calories: 340 calories
2. Carbohydrate: 53 grams
3. Cholesterol: 105 milligrams
4. Fat: 9 grams
5. Fiber: 3 grams
6. Protein: 8 grams
7. SaturatedFat: 5 grams
8. Sodium: 1050 milligrams
9. Sugar: 3 grams

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