

Sweet Taro and Tapioca Dessert Soup

Yield: 6 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/vietnamese-taro-sweet-soup-recipe>

Ingredients:

- 1 pound taro
- 6 cups water
- 3/4 cup sugar
- 3 tablespoons small pearl tapioca
- 1/2 teaspoon salt
- 2 ounces cream powder package coconut, or 1 can coconut milk

Nutrition:

1. Calories: 200 calories
2. Carbohydrate: 49 grams
3. Fiber: 3 grams
4. Protein: 2 grams
5. Sodium: 220 milligrams
6. Sugar: 25 grams

Thank you for visiting our website. Hope you enjoy Sweet Taro and Tapioca Dessert Soup above. You can see more 20 vietnamese taro sweet soup recipe Get ready to indulge! to get more great cooking ideas.