

Grilled Corn Summer Breakfast Hash

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/vietnamese-summer-roll-recipe-with-pork>

Ingredients:

- 4 slices bacon chopped
- 4 yukon gold potatoes medium, chopped into cubes
- 1/2 red onion chopped
- 1 zucchini squash medium, chopped
- 2 garlic cloves minced
- 1 red pepper chopped
- 3 ears corn-on-the-cob grilled, cut off the cob
- 1 teaspoon olive oil you may not need this
- 2 green onions chopped
- 4 large eggs
- smoked sea salt
- pepper

Nutrition:

1. Calories: 420 calories
2. Carbohydrate: 38 grams
3. Cholesterol: 265 milligrams
4. Fat: 22 grams
5. Fiber: 10 grams
6. Protein: 20 grams
7. SaturatedFat: 7 grams
8. Sodium: 600 milligrams
9. Sugar: 4 grams

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