

# How To Make Perfect Steamed Rice

Yield: 3 min  
Total Time: 29 min

Recipe from: <https://www.recipeschoose.com/recipes/vietnamese-steamed-rice-recipe>

## Ingredients:

- 1 cup rice I used medium grain rice
- 2 cups water or stock, chicken stock or vegetable stock
- 1 1/2 teaspoons oil vegetable oil

## Nutrition:

1. Calories: 100 calories
2. Carbohydrate: 18 grams
3. Fat: 2.5 grams
4. Protein: 1 grams
5. Sodium: 10 milligrams

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