

Vietnamese Steak Salad

Yield: 4 min
Total Time: 21 min

Recipe from: <https://www.recipeschoose.com/recipes/vietnamese-steak-recipe>

Ingredients:

- 1 lime juice
- 1 teaspoon sesame oil
- 1 teaspoon fish sauce
- 2 tablespoons cilantro 1/2 cup chopped coriander
- 1/2 red chilli finely chopped
- 1 clove garlic peeled and minced
- 1 teaspoon lemongrass paste or 1 lemon grass stalk, outer leaves removed and inner leaves chopped very finely
- 1 3/4 ounces vermicelli rice noodles dried
- 3 1/2 ounces sirloin steak lean
- 12 sprays cooking oil 1-calorie
- 1 pinch salt and pepper
- 2 13/16 ounces salad leaves mixed
- 1/2 cucumber sliced
- 1 medium carrot peeled and sliced into matchsticks
- 2 scallions spring onions, chopped
- 1/2 red chilli sliced
- 3 lime slices

Nutrition:

1. Calories: 130 calories
2. Carbohydrate: 24 grams
3. Cholesterol: 10 milligrams
4. Fat: 2.5 grams
5. Fiber: 4 grams
6. Protein: 8 grams
7. SaturatedFat: 0.5 grams
8. Sodium: 240 milligrams
9. Sugar: 4 grams

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