

# Steak Spring Roll with Red Wine Reduction

Yield: 8 min  
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/beef-spring-roll-recipe-indian>

## Ingredients:

- 6 slices beef thin strips of, cut 1/4 in thick
- 1/4 teaspoon onion powder
- 2 tablespoons dark soy sauce
- 1 tablespoon sauce Worcestershire
- 1 dash pepper
- oil for searing meat
- 3/4 cup red wine
- salt to taste
- toasted sesame seeds
- veggies
- cucumbers
- carrots
- lettuce
- onion
- bell pepper
- 8 spring roll wrapper rice, disc

## Nutrition:

1. Calories: 160 calories
2. Carbohydrate: 24 grams
3. Cholesterol: 5 milligrams
4. Fat: 4 grams
5. Fiber: 2 grams
6. Protein: 4 grams
7. Sodium: 530 milligrams
8. Sugar: 2 grams

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