

# Sauteed Green Beans

Yield: 4 min  
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/vietnamese-sauteed-green-beans-recipe>

## Ingredients:

- 1 pound green beans washed and trimmed
- 1 tablespoon olive oil
- 1/4 cup chicken broth
- 1 clove garlic minced
- 1/4 teaspoon chili flakes optional
- salt
- pepper

## Nutrition:

1. Calories: 80 calories
2. Carbohydrate: 10 grams
3. Fat: 3.5 grams
4. Fiber: 4 grams
5. Protein: 3 grams
6. SaturatedFat: 0.5 grams
7. Sodium: 210 milligrams
8. Sugar: 3 grams

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