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Simple Roast Quail

Yield: 2 min Total Time: 45 min

Recipe from: https://www.recipeschoose.com/recipes/quail-roast-recipe-indian

Ingredients:

- 1/4 cup kosher salt
- 1 quart water
- 2 bay leaves
- 4 whole quail plucked
- lard butter or olive oil
- salt
- 2 celery sticks optional
- black pepper
- lemon wedges optional