

BLT Corn Salad Wraps

Yield: 5 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/vietnamese-salad-wraps-recipe>

Ingredients:

- 3 ears shucked corn
- 1 cup cherry tomatoes sliced in half
- 1/2 cup green onions chopped
- 1 avocado diced
- 3 cooked bacon sliced crisp, diced
- 1 lime
- 1 tablespoon olive oil
- pepper
- salt
- paprika
- chili powder
- butter lettuce or iceberg lettuce leaves
- sour cream
- hot sauce

Nutrition:

1. Calories: 130 calories
2. Carbohydrate: 11 grams
3. Cholesterol: 5 milligrams
4. Fat: 11 grams
5. Fiber: 6 grams
6. Protein: 2 grams
7. SaturatedFat: 2 grams
8. Sodium: 240 milligrams
9. Sugar: 3 grams

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