

# Amazing Chicken Quesadilla

Yield: 4 min  
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/vietnamese-quesadilla-recipe>

## Ingredients:

- 1 tablespoon olive oil
- 3 pounds boneless, skinless chicken thighs or breasts, cut into bite-size pieces
- salt
- pepper
- 4 tablespoons taco seasoning
- 2 tablespoons flour
- 1 cup chicken stock
- 4 tablespoons vegetable oil
- 8 flour tortillas medium-sized
- 4 cups cheddar cheese shredded
- 1 cup scallions green onions, chopped
- 15 ounces green enchilada sauce optional
- 4 1/2 ounces green chiles chopped, we like Old El Paso
- 4 garlic cloves peeled, we prefer using a garlic press to add the garlic, if you don't have one, just mince the garlic
- salsa
- sour cream

## Nutrition:

1. Calories: 1410 calories
2. Carbohydrate: 71 grams
3. Cholesterol: 340 milligrams
4. Fat: 74 grams
5. Fiber: 8 grams
6. Protein: 113 grams
7. SaturatedFat: 31 grams
8. Sodium: 3160 milligrams
9. Sugar: 15 grams

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