

Skewered Filipino Pork BBQ

Yield: 4 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/vietnamese-ptok-bbq-meat-recipe>

Ingredients:

- 4 pounds pork shoulder sliced into thin pieces
- 3/4 cup soy sauce
- 3/4 cup ketchup banana
- 2 lemons
- 1 tablespoon garlic powder
- 1/2 teaspoon ground black pepper
- 1/2 cup brown sugar
- 1/4 teaspoon salt

Nutrition:

1. Calories: 830 calories
2. Carbohydrate: 41 grams
3. Cholesterol: 305 milligrams
4. Fat: 32 grams
5. Fiber: 3 grams
6. Protein: 95 grams
7. SaturatedFat: 9 grams
8. Sodium: 3700 milligrams
9. Sugar: 29 grams

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