

Speedy Prawn Pho

Yield: 2 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/vietnamese-prawn-pho-recipe>

Ingredients:

- 2 3/4 cups chicken stock or 2.75 cups high-quality
- 3 cloves garlic crushed
- 1 chilli bird's eye, or 2 normal long red chillies - finely chopped
- 1 1/2 tablespoons ginger finely chopped
- 1 1/2 teaspoons sugar
- 3 tablespoons soy sauce
- 1 tablespoon fish sauce
- 10 peppercorns
- 1 star anise
- 4 cloves
- 1 cinnamon stick
- kosher salt
- noodles
- 2 rice noodles portions of, approx 100g or 3.5 oz
- 1 lime juice
- 2 red peppers medium, cut into strips
- 7 ounces king prawns or 7oz raw, butterflied and deveined, note 1
- 1 handful chopped coriander to serve

Nutrition:

1. Calories: 400 calories
2. Carbohydrate: 53 grams
3. Cholesterol: 140 milligrams
4. Fat: 6 grams
5. Fiber: 5 grams
6. Protein: 33 grams
7. Sodium: 3000 milligrams
8. Sugar: 17 grams

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