

Bacon Lettuce Tomato (BLT) Spring Roll

Yield: 4 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/vietnamese-summer-spring-roll-recipe>

Ingredients:

- lettuce fresh, chopped
- 2 tomatoes medium, seeded and sliced 1/4" thick
- 6 pieces bacon fried
- fresh basil
- herbs
- mint
- rice paper
- 1/2 cup soy sauce
- 1 tablespoon mayonnaise
- 1 teaspoon fresh lime juice
- 1 teaspoon sesame oil

Nutrition:

1. Calories: 290 calories
2. Carbohydrate: 9 grams
3. Cholesterol: 35 milligrams
4. Fat: 24 grams
5. Fiber: 2 grams
6. Protein: 9 grams
7. SaturatedFat: 8 grams
8. Sodium: 2500 milligrams
9. Sugar: 6 grams

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