

# Pork Roll, Egg and Cheese Breakfast Sandwich

Yield: 4 min  
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/vietnamese-pork-roll-sandwich-recipe>

## Ingredients:

- 2 tablespoons butter
- 8 slices pork roll or Taylor ham
- 4 large eggs
- 4 kaiser rolls sliced
- 8 slices American cheese
- salt
- pepper
- ketchup

## Nutrition:

1. Calories: 380 calories
2. Carbohydrate: 35 grams
3. Cholesterol: 240 milligrams
4. Fat: 16 grams
5. Fiber: 2 grams
6. Protein: 23 grams
7. SaturatedFat: 7 grams
8. Sodium: 1260 milligrams
9. Sugar: 3 grams

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