

Vietnamese Mango and Prawn Salad

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/vietnamese-pork-and-prawn-salad-recipe>

Ingredients:

- 2 cups mango
- 8 prawns
- 1 teaspoon butter
- 1/4 cup red bell pepper
- 1/4 cup yellow bell pepper
- 2 tablespoons red onion
- 2 tablespoons fresh coriander
- 2 tablespoons fresh mint
- 2 tablespoons lemon juice
- 2 teaspoons fish sauce
- 2 teaspoons rice wine vinegar
- 1 teaspoon dark soy sauce
- 2 teaspoons brown sugar
- 1/2 teaspoon red chilli
- 2 tablespoons roasted peanuts

Nutrition:

1. Calories: 120 calories
2. Carbohydrate: 19 grams
3. Cholesterol: 15 milligrams
4. Fat: 3.5 grams
5. Fiber: 3 grams
6. Protein: 4 grams
7. SaturatedFat: 1 grams
8. Sodium: 340 milligrams
9. Sugar: 15 grams

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