

Vietnamese Sweet & Sour Shrimp Soup with Pineapple

Yield: 5 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/vietnamese-pineapple-soup-recipe>

Ingredients:

- 10 shrimp extra large whole, about 3/4 lbs
- 3 teaspoons salt divided
- 2 tablespoons vegetable oil
- 8 garlic cloves slice into chips
- 64 ounces swanson chicken broth
- 50 grams tamarind pulp
- 3 teaspoons fish sauce
- 6 tablespoons granulated sugar
- 1/2 pound okra halved at a diagonal
- 1/2 pound pineapple slice into small chunks
- 2 tomatoes about 3/4 lbs
- 1 bunch rice paddy herbs, about 60 grams; roughly chop; can substitute with Thai Basil or Culantro
- 1 Thai chili peppers optional

Nutrition:

1. Calories: 260 calories
2. Carbohydrate: 38 grams
3. Cholesterol: 20 milligrams
4. Fat: 9 grams
5. Fiber: 3 grams
6. Protein: 12 grams
7. Sodium: 1830 milligrams
8. Sugar: 27 grams

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