

# Keto Fries

Yield: 4 min  
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/vietnamese-pickled-jicama-recipe>

## Ingredients:

- 2 jicama medium size
- 1/4 teaspoon cayenne pepper
- 1/2 teaspoon garlic powder
- 1/2 teaspoon paprika
- 1 teaspoon salt
- 2 tablespoons olive oil

## Nutrition:

1. Calories: 190 calories
2. Carbohydrate: 30 grams
3. Fat: 7 grams
4. Fiber: 17 grams
5. Protein: 3 grams
6. SaturatedFat: 1 grams
7. Sodium: 600 milligrams
8. Sugar: 7 grams

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