

Beef Roll Ups

Yield: 8 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/vietnamese-onion-beef-roll-recipe>

Ingredients:

- 8 sirloin steaks thin sliced
- 3 tablespoons worcestershire sauce
- 1 tablespoon garlic powder
- 1 tablespoon onion powder
- 1 tablespoon olive oil
- 1 yellow peppers
- 1 Orange
- 1 cup Gruyere cheese
- 1 onion sliced medium
- 2 teaspoons butter
- 2 tablespoons shallots finely chopped
- 1/4 cup balsamic vinegar
- 2 tablespoons brown sugar
- 1/4 cup beef broth

Nutrition:

1. Calories: 580 calories
2. Carbohydrate: 13 grams
3. Cholesterol: 160 milligrams
4. Fat: 21 grams
5. Fiber: 2 grams
6. Protein: 80 grams
7. SaturatedFat: 10 grams
8. Sodium: 340 milligrams
9. Sugar: 5 grams

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