

Miso Soup

Yield: 4 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/miso-soup-recipe-indian>

Ingredients:

- 4 cups dashi fish broth, 960ml
- 1 package tofu
- 5 tablespoons miso paste
- 2 green onions chopped fine

Nutrition:

1. Calories: 80 calories
2. Carbohydrate: 5 grams
3. Cholesterol: 5 milligrams
4. Fat: 3 grams
5. Fiber: 1 grams
6. Protein: 7 grams
7. Sodium: 1040 milligrams
8. Sugar: 1 grams

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