

# White Bean and Tuna Salad

Yield: 4 min  
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/vietnamese-mint-salad-recipe>

## Ingredients:

- 1 cup red onions chopped, or shallots
- 1 lemon or 2 limes, can sub a tablespoon or two of cider vinegar
- 7 ounces tuna packed in olive oil cans of
- 30 ounces cannellini beans rinsed and drained
- 1/2 cup mint chopped, parsley, or arugula
- 1 serrano chile
- 3 Tabasco Sauce
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- 1/2 teaspoon ground black pepper freshly
- salt
- olive oil