

# Bubble Tea

Yield: 4 min  
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/malaysian-milk-tea-recipe>

## Ingredients:

- 1 cup tapioca boba, peals
- water as needed
- 1/4 cup sugar
- 2 tablespoons tea
- 2 tea bags one for each serving
- 2 cups milk

## Nutrition:

1. Calories: 270 calories
2. Carbohydrate: 54 grams
3. Cholesterol: 10 milligrams
4. Fat: 3 grams
5. Protein: 6 grams
6. SaturatedFat: 1.5 grams
7. Sodium: 90 milligrams
8. Sugar: 21 grams

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